



Visualization of delayed release of compounds from pH-sensitive capsules in vitro and in vivo in a hamster model

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Complete List of Authors:	<p>Staelens, Dominiek; University of Leuven, Translational Research Center for Gastrointestinal Disorders, Department of Clinical and Experimental Medicine</p> <p>Liang, Sayuan; University of Leuven, Biomedical MRI, MoSAIC, Department of Imaging and Pathology</p> <p>Appeltans, Bernard; University of Leuven, Laboratory of Drug Delivery and Disposition, Department of Pharmaceutical and Pharmacological Sciences</p> <p>Van de Wouwer, Marlies; University of Leuven, Laboratory for Therapeutic and Diagnostic Antibodies; Department of Pharmaceutical and Pharmacological Sciences; University of Leuven, PharmAbs</p> <p>Van den Mooter, Guy; University of Leuven, Laboratory of Drug Delivery and Disposition, Department of Pharmaceutical and Pharmacological Sciences</p> <p>Van Assche, Gert; University of Leuven, Translational Research Center for Gastrointestinal Disorders, Department of Clinical and Experimental Medicine</p> <p>Himmelreich, Uwe; University of Leuven, Biomedical MRI, MoSAIC, Department of Imaging and Pathology</p> <p>Vande Velde, Greetje; University of Leuven, Biomedical MRI, MoSAIC, Department of Imaging and Pathology</p>
Keyword:	Controlled release, 19F-MRI, CT, in vivo, multimodal imaging, pH-sensitive capsules

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Title: Visualization of delayed release of compounds from pH-sensitive capsules
in vitro and *in vivo* in a hamster model

Short title: Combined CT and ¹⁹F-MR imaging for visualization of delayed
release

Dominiek Staelens^{1,*}, Sayuan Liang^{2,*}, Bernard Appeltans³, Marlies Van de
Wouwer^{4,5}, Guy Van den Mooter³, Gert Van Assche¹, Uwe Himmelreich^{2,*}, Greetje
Vande Velde^{2,*}

¹Translational Research Center for Gastrointestinal Disorders, Department of
Clinical and Experimental Medicine, KU Leuven, Leuven, Belgium

²Biomedical MRI unit/ MoSAIC, Department of imaging and pathology,
KU Leuven, Leuven, Belgium

³Drug Delivery and Disposition, Department of pharmaceutical and
pharmacological sciences, KU Leuven, Leuven, Belgium

⁴Laboratory for Therapeutic and Diagnostic Antibodies, Department of
Pharmaceutical and Pharmacological Sciences, KU Leuven, Leuven, Belgium

⁵PharmAbs, KU Leuven, Leuven, Belgium

* Authors contributed equally.

Correspondence:

Greetje Vande Velde, O&N I, Herestraat 49 – Box 505, 3000 Leuven, Belgium;
tel. +32 16 3 30924 fax +32 16 3 30901; e-mail
greetje.vandevelde@med.kuleuven.be

Uwe Himmelreich, O&N I, Herestraat 49 – Box 505, 3000 Leuven, Belgium;
tel. +32 16 3 30925; fax +32 16 3 30901; e-mail
uwe.himmelreich@med.kuleuven.be

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Abstract

Delayed controlled release is an innovative strategy to locally administer therapeutic compounds (e.g. chemotherapeutics, antibodies etc.). This would improve efficiency and reduce side effects compared to systemic administration. To enable the evaluation of the efficacy of controlled release strategies both *in vitro* and *in vivo*, we investigated the release of contrast agents (^{19}F -FDG and BaSO_4) to the intestinal tract from capsules coated with pH-sensitive polymers (Eudragit L-100) by using two complementary techniques, *i.e.* ^{19}F magnetic resonance imaging (MRI) and computed tomography (CT).

Using *in vitro* ^{19}F -MRI, we were able to non-destructively and dynamically establish a time window of two hours during which the capsules are resistant to low pH. With ^{19}F -MRI, we could establish the exact time point when the capsules became water permeable, before physical degradation of the capsule. This was complemented by CT imaging that provided longitudinal information on physical degradation of the capsule at low pH that was only seen after 230 minutes. After oral administration to hamsters, ^{19}F -MRI visualized the early event whereby the capsule becomes water permeable after 2 hours. Additionally, using CT, the integrity and location (stomach and small intestines) of the capsule after administration could be monitored.

In conclusion, we propose combined ^{19}F -MRI and CT to non-invasively visualize the different temporal and spatial events regarding the release of compounds, both in an *in vitro* setting as in the gastrointestinal tract of small animal models. This multimodal imaging approach will enable the *in vitro* and *in vivo* evaluation of further technical improvements to controlled release strategies.

69 Introduction

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71 Controlled release of therapeutic compounds at the disease location is a strategy
72 that aims for a local effect and more precise targeting of pathological processes.
73 It is anticipated that oral administration and delivery of therapeutic compounds
74 directly inside the intestine (also called luminal delivery) can have considerable
75 advantages over systemic administration. These include lower concentrations of
76 drug needed, which reduces costs and lowers systemic side effects (1). One
77 example where targeted delivery to the gastrointestinal tract could improve
78 outcome is the controlled and localized release of antibodies targeting virulence
79 factors against *Clostridium difficile* associated disease, which accounts for 71% of
80 gastrointestinal nosocomial infections, but has currently a cure rate of only 70%
81 with standard systemic administration of antibiotics (2-5).

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83 This situation and other clinical settings may benefit from an approach where
84 therapeutic compounds are enclosed within a capsule for oral administration,
85 designed to release its content only when it reaches its target location, in this
86 case the small intestine. The pH in the human gastrointestinal tract increases
87 progressively from the stomach (pH 2-3), the small intestine (pH 6.5-7) to the
88 colon (pH 7-7.8) (6), with intra- and inter-individual differences. This makes it
89 possible to coat a capsule with a polymer that is resistant to low pH and thus
90 passes the stomach and dissolves at increased pH in a specific part of the
91 gastrointestinal tract. Targeted drug release by capsules coated with pH-
92 sensitive materials has been described for a wide variety of cases (7). A rise in
93 pH induces dissolution or swelling of the polymers, thereby leading to a
94 disruption of the capsule coating, resulting in the release of its content (8).

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96 Delivery of a drug inside the gastrointestinal tract can be analyzed with a variety
97 of techniques including enzyme-linked immunosorbent assay and mass
98 spectrometry on luminal content (9,10). Nevertheless, these techniques have the
99 disadvantage that animals need to be sacrificed for sample collection. Moreover,
100 these approaches only provide snapshot data on the location and physical
101 integrity of the capsule at the moment of sacrifice, and lack information on

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3 102 compound release. The existing non-invasive option, i.e. measuring drug levels in
4 103 fecal samples, lacks information on the exact site of release. To validate and
5 104 optimize controlled release strategies and enable translational studies
6 105 evaluating these novel therapeutic approaches, there is the need for a sensitive,
7 106 non-invasive method to longitudinally evaluate capsule integrity, the anatomical
8 107 location and the (early) release of compounds.
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15 109 Different medical imaging modalities have been applied frequently in both
16 110 clinical and pre-clinical research providing new perspectives for biomedical
17 111 research (11). Despite differences in resolution, sensitivity, penetration and
18 112 safety, the main advantage of imaging techniques is that they provide non-
19 113 invasive, non-destructive and direct information both *in vitro* and *in vivo*. As such,
20 114 gamma scintillation is frequently used as an imaging technique in clinical
21 115 research for controlled release studies (12,13). It offers good sensitivity and a
22 116 relatively simple procedure for acquiring images to follow capsule movement by
23 117 means of a radioactive tracer that is included in the capsule just before
24 118 administration. A potential concern with this technique is the need of gamma
25 119 emitting radionuclides, which may hinder longitudinal monitoring due to their
26 120 restricted half-lives and involve possible safety issues. Furthermore, the low
27 121 resolution and the lack of anatomical background information make it difficult to
28 122 interpret the images. Alternatively, endoscopy has also been applied for direct
29 123 visualization of intraluminal drug delivery studies in humans (14). Although this
30 124 technique could provide direct information regarding time and place of capsule
31 125 rupture, dispersion characteristics and the surrounding physiological
32 126 environment, the investigation with the large encapsulated camera is intrusive
33 127 and offers only a limited field of view.
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49 129 In a preclinical research context, there is even more need for a sensitive, non-
50 130 invasive approach to evaluate controlled release in the 3D-context of the
51 131 animal's anatomy. MRI and CT are valuable imaging modalities, employed in a
52 132 wide range of studies thanks to their ability to provide 3D anatomical images
53 133 with excellent resolution and without the need for radioactive tracers (11).
54 134 Especially MRI has been employed in pharmaceutical studies as it is devoid of
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any ionizing radiation (15,16). Due to its relatively low sensitivity, conventional contrast agents such as superparamagnetic iron oxide and paramagnetic gadolinium/manganese are frequently used to enhance the contrast against the background (17-19). However, the contrast generated by those agents is not directly quantifiable and not always unambiguous due to similar intrinsic contrast changes, in particular in the abdomen. This can be overcome by the use of ^{19}F -containing contrast agents. These have shown to be complementary to the acquisition of traditional proton-based, anatomical images (^1H -MRI) (20). Due to the lack of MR-detectable ^{19}F signal inside biological tissues, all signal from ^{19}F -MRI originates from the (dissolved) contrast agent, which makes the technique very specific and quantifiable (21). In this study, 2-fluoro-2-deoxy-D-glucose (^{19}F -FDG) is used as contrast agent for ^{19}F -MRI as it is only MR-detectable when dissolved in water and, as a glucose analog, is considered to be safe (22). On the other hand, barium sulphate (BaSO_4), based on the high atom-number and hence high x-ray absorption of barium, is used as a CT contrast agent for gastrointestinal tract imaging to increase the contrast between the gastrointestinal contents compared to the surrounding soft tissues (23,24). Moreover, BaSO_4 can be safely used for oral administration because of the absence of toxicity (25).

By loading the pH-sensitive capsules with both contrast agents and by combining CT and ^{19}F MRI, we hypothesized that the ^{19}F -MRI FDG signal would provide information on early permeability of the capsule material to water and its location, while the BaSO_4 contrast and the CT images can be used to monitor capsule integrity and the exact anatomical location of the site of release.

In this study, we evaluated the ability of this dual imaging approach as a tool to evaluate the resistance of coated capsules at different pHs *in vitro* and *in vivo* after oral administration to hamsters. The objective is to combine different imaging modalities to non-destructively and longitudinally visualize and explore the kinetics of controlled release under different conditions.

165 **Results and Discussion**

166

167 *In vitro imaging*

168 In a first set of experiments, we conducted *in vitro* studies to investigate the
169 resistance of coated capsules at different levels of acidity (pH = 1, 3, 5 and 7)
170 with both MRI and CT (figure 1 and 2, respectively). For MR imaging, the ¹⁹F
171 signal was overlaid with the anatomical ¹H image. At the first time point, one
172 hour after the capsule was added to the solutions, the capsules at pH 5 and 7
173 showed quantifiable ¹⁹F-FDG signal (figure 1A). This indicates that the
174 surrounding solution enters into the capsule and dissolves some of the otherwise
175 not visible, encapsulated ¹⁹F-FDG, which was then picked up by ¹⁹F-MRI. This is
176 in contrast to the capsules at low pH (pH 1 and 3), where the ¹⁹F-MRI signal
177 could only be seen after one hour and a half (figure 1D), which indicates that the
178 coating has more resistance at lower pH than at higher pH. In the timeframe of 2-
179 4 hours, for the capsules at all pHs, maximal signal intensity was reached, albeit
180 at different time points (figure 1B and D). The time point at which the maximal
181 signal intensity was reached, depended on the extra-capsular pH. The lower the
182 pH, the longer the time needed to fully dissolve the ¹⁹F-FDG (figure 1D). In
183 general, the ¹⁹F-MRI signal was first limited to the area of the actual capsule,
184 indicating that although the ¹⁹F-FDG inside the capsule was dissolved, the
185 exchange with the extra-capsular space was slow. After the ¹⁹F-FDG peak
186 intensity reached a maximum, the signal gradually decreased (figure 1D). This
187 process could be explained by the gradual diffusion of the ¹⁹F-FDG outside the
188 capsule, which was confirmed by a rise in signal intensity observed in a MRI slice
189 outside the capsule but inside the microcentrifuge tube (figure 1E). Later, this
190 process is further accelerated by the degradation of the capsule. The signal
191 intensity ratio between the intra- and extra-capsular spaces reached an
192 equilibrium after 8-10 hours (depending on the pH). A macroscopic examination
193 of the phantom after the MRI session confirmed that the capsules were degraded
194 and their content dissolved.

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196 More information about the structure of the capsule with higher spatial and
197 temporal resolution was acquired by performing CT of capsules containing

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3 198 BaSO₄ (figure 2). The time span of the longitudinal scans that were acquired
4 199 from the same material as for the MRI experiments was limited to 8 hours. The
5 200 results of the CT imaging clearly showed the degradation of the capsule after 230
6 201 minutes in pH 5 and 7. The red arrowheads in figure 2 indicate the site of the
7 202 capsule where degradation was first observed. This confirms the observation
8 203 that the coated capsules are resistant to low pH. The physical degradation could
9 204 be clearly visualized leading to the loss of contrast from the capsule material (see
10 205 arrows in figure 2). The degradation of the capsule coincided with the
11 206 accumulation of BaSO₄ on the bottom of the microcentrifuge tube. Based on
12 207 these results, CT imaging provides additional information about the later event
13 208 of physical capsule degradation after the early increased permeability that was
14 209 observed by MRI. The fact that there is no clear difference between the timing of
15 210 degradation at pHs 5 and 7 does not conflict with the strategy to achieve a
16 211 controlled release upon transit through the stomach, which normally has a lower
17 212 pH. A complete degradation of all capsules at pH 1 was only observed after 400
18 213 minutes.

19 214
20 215 Based on the data acquired from the *in vitro* assessment of the low pH resistance
21 216 of the coated capsules, we showed that MRI and CT result in complementary data
22 217 regarding both permeability of the capsule to water and degradation of the
23 218 capsule. Moreover, we demonstrated the resistance against low pH for up to 2
24 219 hours by MRI and CT, which overcomes the normal transit time of the stomach
25 220 (26).

26 221 27 222 *In vivo imaging*

28 223 In a next set of experiments, we longitudinally monitored capsules containing
29 224 both ¹⁹F-FDG and BaSO₄ using *in vivo* MRI and CT after oral administration to
30 225 hamsters. In all animals, a clear ¹⁹F-MRI signal was observed in the stomach 2
31 226 hours after administration (figure 3A-C). The extent of the detected ¹⁹F-MRI
32 227 signal was within the range of the physical size of the capsule based on the ¹H-
33 228 MR images. This indicates that fluid from the stomach entered into the capsule
34 229 and dissolved the ¹⁹F-FDG. However, the capsule was not disintegrated. This is in
35 230 line with the *in vitro* results. Figure 3D shows that after 5 hours, there was no

231 detectable ^{19}F -MRI signal due to the degradation of the capsule leading to the
232 release of ^{19}F -FDG from the capsule and further dilution of the ^{19}F -MRI signal
233 below the detectability threshold. Non-localized *in vivo* ^{19}F NMR spectra of the
234 abdominal cavity show similar signal amplitudes at these two time points, which
235 confirmed that the total amount of ^{19}F -FDG inside the animal remains at a
236 similar level but is no longer entirely localized in the capsule after 5 hours
237 (figure 3E). The ^{19}F NMR spectra in figure 3E were generated by using a non-
238 localized single pulse sequence instead of the localized PRESS sequence to cover
239 the whole field of view. Quantification of the ^{19}F -signal normalized to the signal
240 at the 2 hour time point confirms almost constant signal intensity (100 % vs 97
241 %, insert in figure 3E).

242
243 CT of the same capsule and animal was also used for the localization of the
244 capsule and the assessment of the integrity of the capsule (figure 4). The BaSO_4 -
245 containing capsule was clearly visible in the stomach right after administration,
246 even from a 2D, non-reconstructed projection image (figure 4A). The early
247 events of increased permeability of the capsule, as was seen by ^{19}F -MRI, could
248 not be visualized by CT. On the other hand, a clear degradation of the capsule and
249 the release of the mainly non-dissolved BaSO_4 -content into the stomach were
250 observed after 6 hours (figure 4B-D). CT using BaSO_4 gives anatomical
251 information with good sensitivity and high resolution both spatially and
252 temporally. It provides positive contrast from the beginning until the
253 degradation of the capsule and enables imaging of release of the solid capsule
254 content into the gastrointestinal tract. The insolubility of barium salts has
255 particularly the advantage that the contrast agent is trapped in the
256 gastrointestinal tract resulting in reduced toxicity.

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258 The *in vivo* findings verify our *in vitro* results that the coated capsule could resist
259 the low pH environment of the stomach without degradation for at least two
260 hours. During this time, the location and integrity of the capsule can be
261 monitored with CT, for both cases where the capsule remains trapped in the
262 stomach for 6 hours (3 out of 4 hamsters tested), or passes the stomach and
263 reached the small intestine (1 observation), 3 hours after administration (figure

5), consistent with previous studies in rats regarding capsule size and gastric retention (24,27). When ^{19}F -FDG is dissolved, diffused out of the capsule and taken up by cells/ in the blood stream, it leads to the loss of a clearly localized ^{19}F -MRI signal (figure 5A). The feeding status of animals is a known factor that influences the transit of capsules (24). In our study, all animals were in a fed state. Another important aspect is the time during the day (activity vs. resting phase) when the capsule was administered. In this study, hamsters were dosed with the capsules during the light cycle. However, we did not observe any difference in transit time when the capsules were administered during the dark cycle (n=2, data not shown).

The dual-modal imaging approach proposed in this study could in principle be applied to any other studies of controlled release from capsule material as both CT and MRI are readily available in modern clinical and pre-clinical environments for routine diagnosis and research purpose. Barium sulfate enhanced CT has already been used for gastrointestinal tract imaging to increase the contrast between the gastrointestinal contents compared to the surrounding soft tissues (24) due to the high atom-number and hence high x-ray absorption of barium. Furthermore, barium sulfate can also be safely used for oral administration because of the absence of toxicity (25).

On the other hand, to the best of our knowledge, this is the first time that ^{19}F -MRI was applied for controlled release studies from capsule material in an animal model. Thanks to its high specificity and quantitative feature, ^{19}F -MRI used in this study provides detailed information to better understand the early events of capsule degradation, starting with an increase in permeability leading to an influx of liquids. Due to the relatively low sensitivity of MRI and the relatively low concentrations of ^{19}F -FDG, ^{19}F -MRI as applied in our study has only a temporal resolution in the order of 30 minutes and does not provide information on the capsule itself once the ^{19}F -FDG has been released. Optimization of the magnetic resonance pulse sequence could be a key to reduce the scan time. This was shown to result in similar signal-to-noise ratio but reduced scan time, which should be further explored by analyzing the characteristics of ^{19}F FDG (20).

297 Recently, compressed sensing is also considered a reliable reconstruction
298 technique to speed up the MRI scanning. According to Zhong *et al.*, by under-
299 sampling the k-space factor of 8, compressed sensing could still retrieve the
300 image with a similar signal-to-noise-ratio (28). Other methods including
301 different coil set-ups and higher field strength could also be considered as
302 potential ways to improve the sensitivity of the technique, reducing scan time
303 and thus improving temporal resolution. The ^{19}F -MRI technique could
304 potentially be applied for clinical use as clinical trials have already been carried
305 out by using perfluorocarbons (4). The safety of fluorodeoxyfluorose at
306 physiological concentrations has been demonstrated by its frequent use as a
307 tracer for positron emission tomography in the clinic (29). Higher FDG
308 concentrations used for ^{19}F MRI have not yet been assessed from a toxicological
309 point of view. However, some pre-clinical studies did not indicate any adverse
310 effects (22).

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312 Based on our proof-of-principle data, a future step will be to evaluate a pH-
313 controlled delivery in the gastrointestinal tract of antibodies against *C. difficile* by
314 a pH-sensitive polymer coated capsule. Our dual-modality imaging approach
315 enabled us to evaluate *in vivo* both the location and integrity of the capsule. As
316 antibodies are generally well soluble, we would anticipate that they will
317 distribute similar to the FDG used in our study. In order to test antibody release
318 in the hamster model, parameters like different capsule sizes or capsule coating
319 have to be further optimized for their ability to pass the stomach. By reducing
320 the size of the capsule or modifying capsule coating to withstand low pH for
321 longer, we expect the success rate to increase.

322

Conclusions

We were able to show that combined application of ^{19}F -MRI and CT provides information on the location, integrity and graduate release of material from oral administered capsules into the gastrointestinal tract of small animal models. This will form the basis for further studies on the delivery of therapeutic compounds, *e.g.* antibodies against *Clostridium difficile* infection.

Both imaging modalities provide complementary information about the position and release of contrast agents (or drugs) inside the gastrointestinal tract. CT was shown to be useful for monitoring the localization of the capsule as well as the integrity of it. On the other hand, ^{19}F -MRI enabled the visualization of the rise in permeability of the capsule. A ^{19}F -MRI signal could only be detected when ^{19}F -FDG was dissolved and this happened when there was influx of water into the capsule. Furthermore, it should be noted that the degree of compound release is influenced by the solubility of the compound itself. For example, lyophilized antibodies can be stable and are well solubilized. As an intermediate step in the development of the oral administration of encapsulated antibodies, we envisage capsules to be filled with both, ^{19}F -FDG and BaSO_4 as well as the antibody. In that way the controlled release can be monitored non-invasively.

Overall, we have proposed and demonstrated an imaging platform to monitor the mechanism of controlled release *in vitro* and *in vivo*. This multimodal platform could overcome the limitations in terms of sensitivity, resolution, specificity and quantitation of one individual method. We believe that this imaging approach could also be applied to other models where controlled release mechanisms need to be understood and evaluated.

349 **Experimental**

350 *Capsules and contrast agents*

351 Gelatin size 9 capsules (8.4 mm in length, 2.7 mm external diameter and 25 μl
352 maximal volume, Torpac, Fairfield, USA) were filled with FDG and/or BaSO₄
353 (average amounts were 3.63 mg (equal to 20 μmol) and 14.49 mg (equal to 62
354 μmol), respectively). Afterwards, the capsules were dip-coated with a solution of
355 12.5% Eudragit L100 (Evonik Industries, Essen, Germany) in isopropanol.
356 Triethylcitrate (10% w/w) was added as plasticizer.

358 *Hamster model*

359 All animal experiments were executed in accordance with national and European
360 regulations and approved by the Animal Ethics Committee of the KU Leuven
361 (approval numbers P009/2010 and P083/2011). Four male Syrian Golden
362 hamsters (120-150 g, Janvier Laboratories) were given capsules via oral gavage
363 using a dosing syringe (Torpac, Fairfield, USA). All animals were dosed and
364 imaged during the light cyclus while being in a fed *ad libitum*. Additional
365 experiments were performed whereby two animals were dosed and imaged
366 during the dark cyclus but this did not impact the results discussed here (data
367 not shown).

369 *Magnetic Resonance Imaging*

370 MRI was carried out on a 9.4 Tesla Bruker Biospec small animal MR scanner
371 (Bruker Biospin, Ettlingen, Germany; horizontal bore, 20cm) equipped with
372 actively shielded gradients (600 mT m⁻¹) and running under the operating
373 system ParaVision 5.1. For radiofrequency transmission and reception, a home-
374 built, inductively coupled, saddle shaped surface coil, tunable from 376 MHz for
375 ¹⁹F to 400 MHz for ¹H was used for all experiments.

377 For *in vitro* MRI, a phantom was prepared by filling 2% agarose in a plastic
378 container containing 4 microcentrifuge tubes (Eppendorf, Hamburg, Germany).
379 Each tube contained 400 μl PBS with different pH (pH = 1, 3, 5 and 7) adjusted by
380 adding HCl (1M). In each tube, one intact capsule loaded with ¹⁹F-FDG was
381 added. A positioning and anatomic ¹H-MRI scan was performed using a 2D turbo

spin echo sequence (RARE sequence, 8 echoes/excitation, 7.6 s/15.9 ms repetition time/effective echo time, 6.4 cm*6.4 cm field of view, 256*256 matrix, 100 consecutive, coronal, 0.25 mm slice thickness, number of average is 2, 6 min scanning time). The settings for non-localized ^{19}F -NMR spectroscopy were: 100 ms repetition time, 1000 numbers of average, flip angle of 20° and total scan time of 100 s. ^{19}F -MRI 2D images were obtained using the same sequence as for ^1H -MRI imaging with some parameters modified (1.142 s repetition time, 64*64 matrix, 15 consecutive 1 mm thick slices in coronal orientation, 250 number of average, 28:30 min scan time). Repeated *in vitro* images were acquired over a period of 15 hours, until the capsules were considered to be totally disintegrated.

For *in vivo* MRI, hamsters were scanned under inhalation anesthesia (1-2% isoflurane mixed with carrier gas oxygen). A monitoring and gating model (type 1030) from SA Instruments Inc. (Stony Brook, NY, USA) was used to regulate the physiological parameters and respiratory gating in real time. The body temperature and respiration rate of animals were monitored using a rectal probe and a pressure sensitive pad placed underneath the thorax, respectively. Both body temperature and respiration rate were maintained at reasonable physiological range of approximately 37°C and 30-50 breaths/min, respectively. Both anatomical images (^1H -MRI) and ^{19}F -MR images were acquired using RARE sequences with modified parameters: 15.9 ms effective echo time; 6 s (^1H)/1 s (^{19}F) repetition time, 8 echoes/excitation; 6 cm * 8 cm field of view; 300*400 (^1H)/50*50 (^{19}F) matrix; 50 (^1H)/10 (^{19}F) consecutive, coronal slices of 0.5 mm (for ^1H) and 2.5 mm (for ^{19}F) thickness; number of averages was 2 for ^1H and 500 for ^{19}F ; scan time was 7:24 min for ^1H and 33:20 min for ^{19}F . Multiple ^{19}F MR images were obtained using the same scan protocol. The total scan time was maximum 2.5 hours. The ^{19}F NMR spectra were analyzed using the Jmri software, version 4.0 (30).

Computed Tomography

CT images were acquired on a dedicated small animal microCT scanner (SkyScan 1076, Bruker microCT, Kontich, Belgium), reconstructed and visualized using software provided by the manufacturer (NRecon, DataViewer, CTvox).

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415 *In vitro* microCT phantom scans were acquired using the following scan
416 parameters: 100 kVp X-ray source voltage combined with a 1.0 mm aluminum
417 filter, 100 μ A source current, 220 ms exposure time per projection, resulting in a
418 total scan time of less than 7 minutes.
419
420 For the acquisition of *in vivo* CT scans, hamsters were anesthetized with 1.5 – 1%
421 isoflurane in 100 % oxygen. Scan parameters were: 50 kVp X-ray source voltage
422 combined with a 0.5 mm aluminum filter, 180 μ A source current, 450 ms
423 exposure time per projection, acquiring 2 projections (for averaging) per
424 position with 0.7° increments over a total angle of 180° and a field-of-view
425 covering the stomach and bowels, resulting in a scanning time of 12 minutes.
426 This yielded a reconstructed 3D datasets with 35 μ m³ isotropic voxel size.

Figure legends

Figure 1: *In vitro* ^{19}F -MRI monitoring. Coated capsules containing ^{19}F -FDG in microcentrifuge tubes containing solutions of different pH were monitored for 15 hours by ^{19}F -MRI. The time to reach the maximum signal intensity depended on the pH in which the capsule was incubated. The ^{19}F NMR signal was first detectable in the capsules incubated at the highest pH. After three hours, a signal was observed for all capsules incubated within the pH-range 1 to 7. A-C: representative ^1H -MRI slices (gray scale) are overlaid with the corresponding ^{19}F signal (red-hot scale) after 1 (A), 3 (B) and 15 hours (C) in the solution. The same ^{19}F -MRI signal intensity threshold was set manually for all images. (D-E): Quantitative ^{19}F -MRI signal inside (D) and outside (E) the capsule of a representative slice based on the ^1H -MRI image. Time resolution is 30 mins for the different pHs. The signal intensities are normalized to the maximum signal intensity (=100%) of the slice inside the capsule. Signal intensities were retrieved from locations corresponding to the intra-capsular space (D) or from a slice outside the capsule (E).

Figure 2: *In vitro* CT monitoring. Coated capsules containing BaSO_4 in microcentrifuge tubes containing solutions at different pH (indicated in the figure by 1, 3, 5 and 7) were monitored for 8 hours by CT. Upper row: longitudinal 2D projection images; bottom row: corresponding 3D volume-rendered reconstructed images. Capsule disintegration only occurred after 230 min at pH 5 and 7, whereas at pH 1 the capsule only disintegrated after 400 min. Note: all capsules have the same size, the apparent different size between different capsules is due to the 3D rendering viewing angle. The red arrows indicate the site in the capsule where the first clear indication of degradation is observed.

Figure 3: *In vivo* MRI monitoring of the ^{19}F -MR signal in the digestive track of hamsters. Coated capsules containing ^{19}F -FDG and BaSO_4 were administered to hamsters and subsequently visualized by ^{19}F -MRI. A: representative ^1H -MR image slice visualizing the stomach; B: corresponding ^{19}F MR image (grey scale) two hours after oral administration of the capsule (grey scale) and C: composite

of A and B (with the ^{19}F MR image red-hot scaled with a manually set threshold), illustrating that after 2 hours, a ^{19}F signal clearly localizes in the stomach. D: corresponding ^{19}F -MR image five hours after capsule administration (grey scale) that shows the absence of detectable localized signal, indicating the complete disintegration of the capsule and uptake of ^{19}F -FDG. E: Non-localized ^{19}F -NMR spectra acquired by a pulse-acquisition sequence from the abdominal region at the same 2 (lower spectrum) and 5 hour (upper spectrum) time points. The insert shows the quantification of the MR spectrum normalized to the signal at the two hour time point. These data illustrate that the total signal intensity of ^{19}F -FDG inside the body has not changed. However, it is more dispersed, resulting in the absence of a localized ^{19}F -MRI signal after 5 hours. The two ^{19}F MR spectra were purposely shifted to enable better visualization and discrimination between the two spectra.

Figure 4: CT of the capsule localized in the stomach. Coated capsules containing ^{19}F -FDG and BaSO_4 were administered to hamsters and subsequently visualized by CT. The stomach is filled with contrast agent six hours after administering the capsule. A: 2D projection image of a capsule (red arrow) right after administration, showing the intact capsule at the level of the stomach. B-D Reconstructed image 6 hours after administration of sagittal view (B), transverse view (C) and coronal view (D), illustrating the disintegration of the capsule inside the stomach. The red arrows indicate the location of the capsule inside the stomach, encircled in red in (C). The stomach content is hyperintense due to BaSO_4 released from the capsule.

Figure 5: CT and MRI of the capsule localized in the small intestine. Coated capsule containing ^{19}F -FDG and BaSO_4 was localized (red arrow) in the small intestine 3 hours after administration. A: ^{19}F -NMR spectrum shows the presence of ^{19}F -FDG inside the body (arrow indicates the ^{19}F peak). B-D: Reconstructed CT image of sagittal (B), transverse (C) and coronal view (D), demonstrating the presence of capsule remains and released BaSO_4 in the small bowel of the hamster.

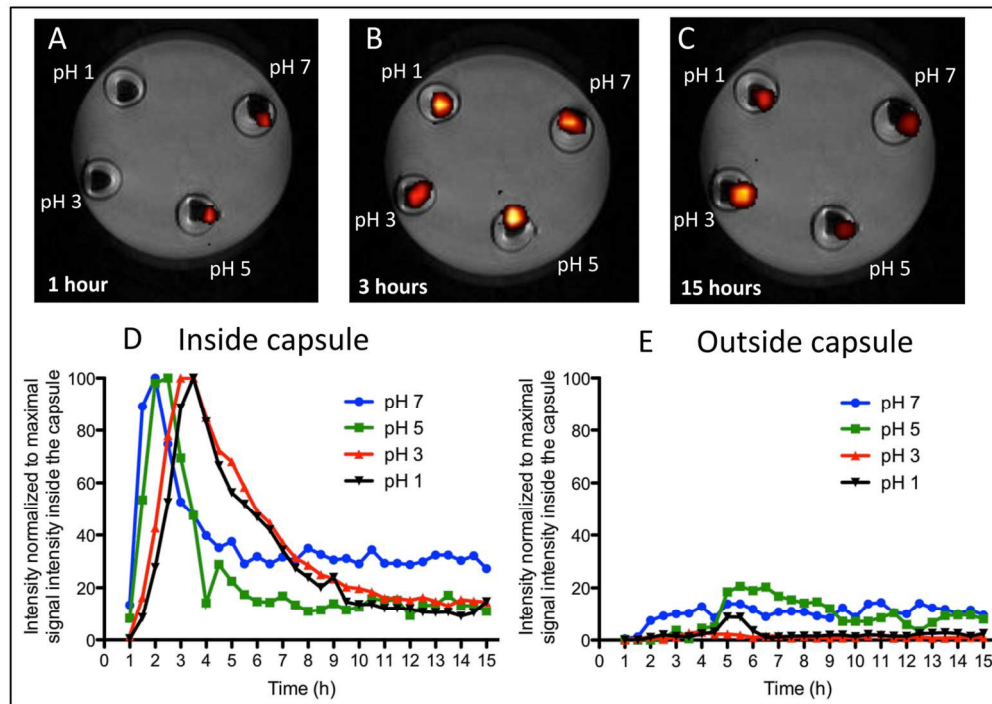
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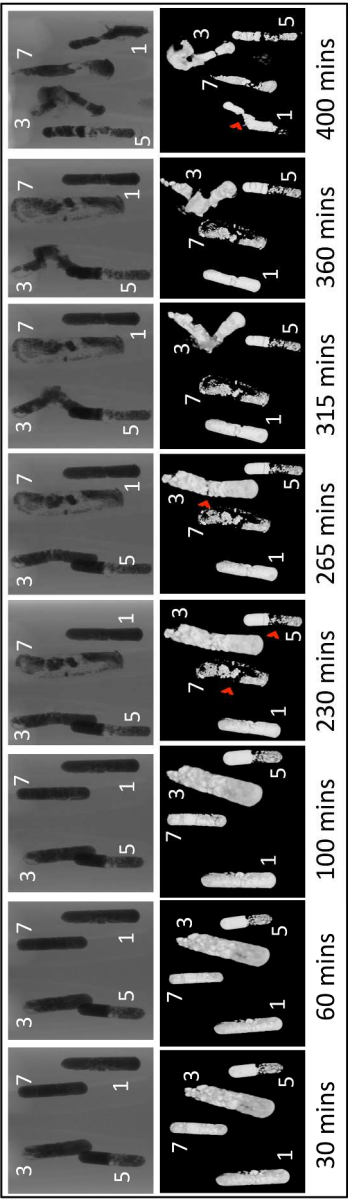
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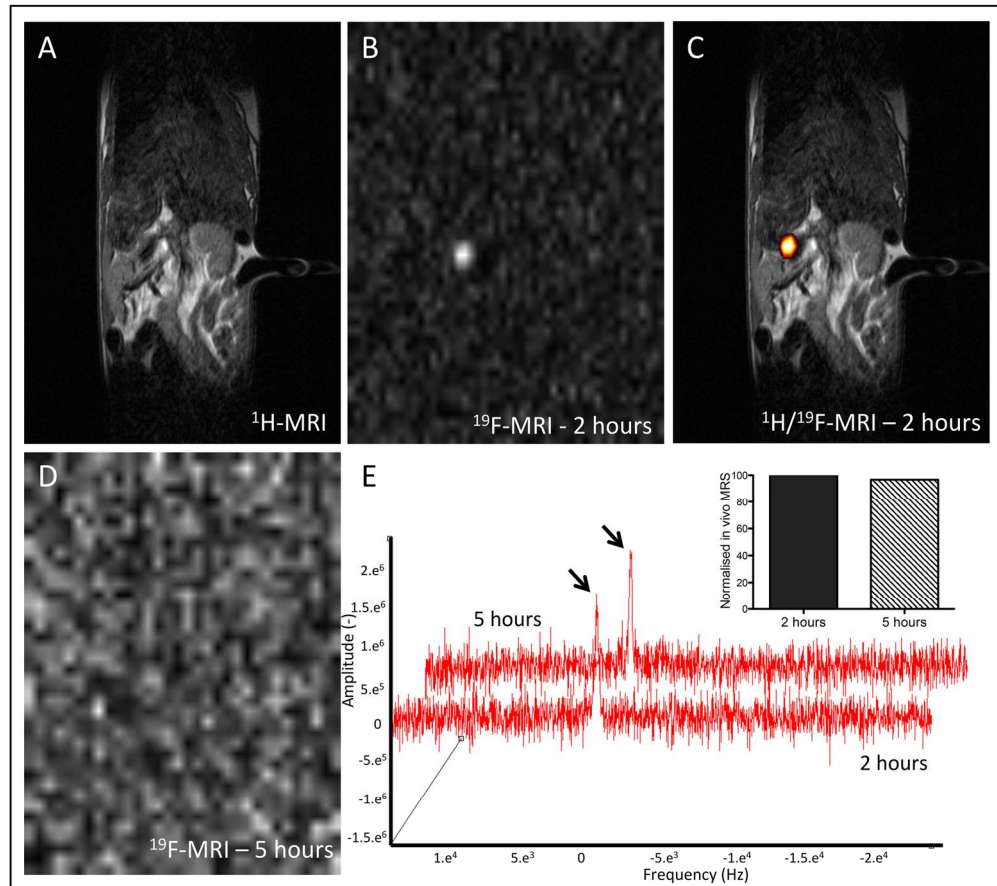
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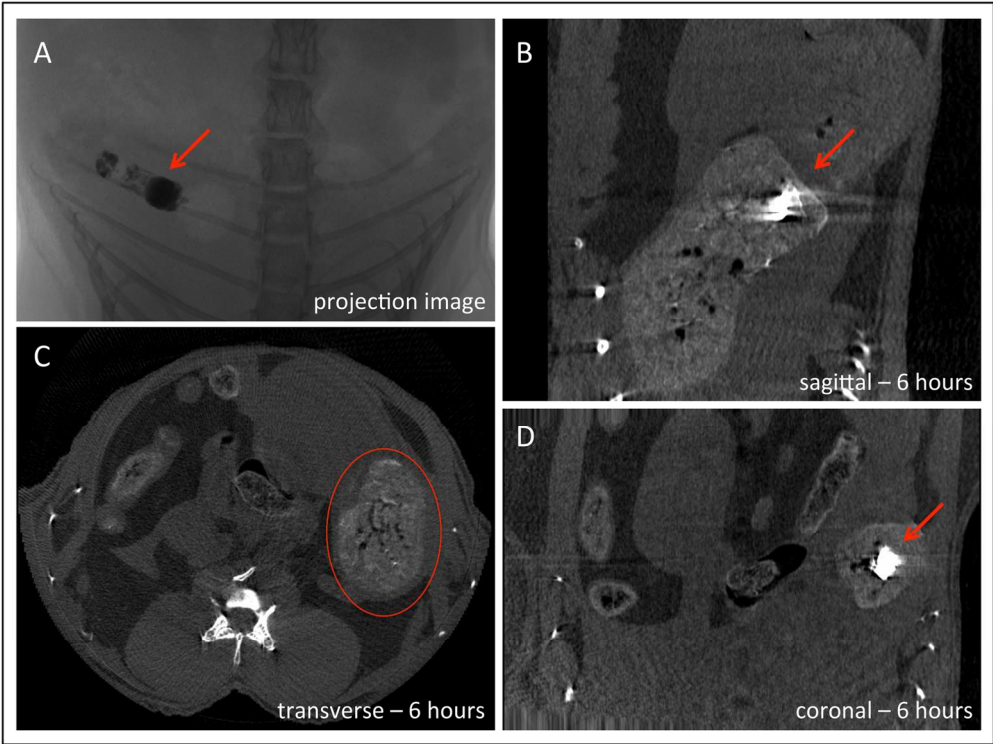
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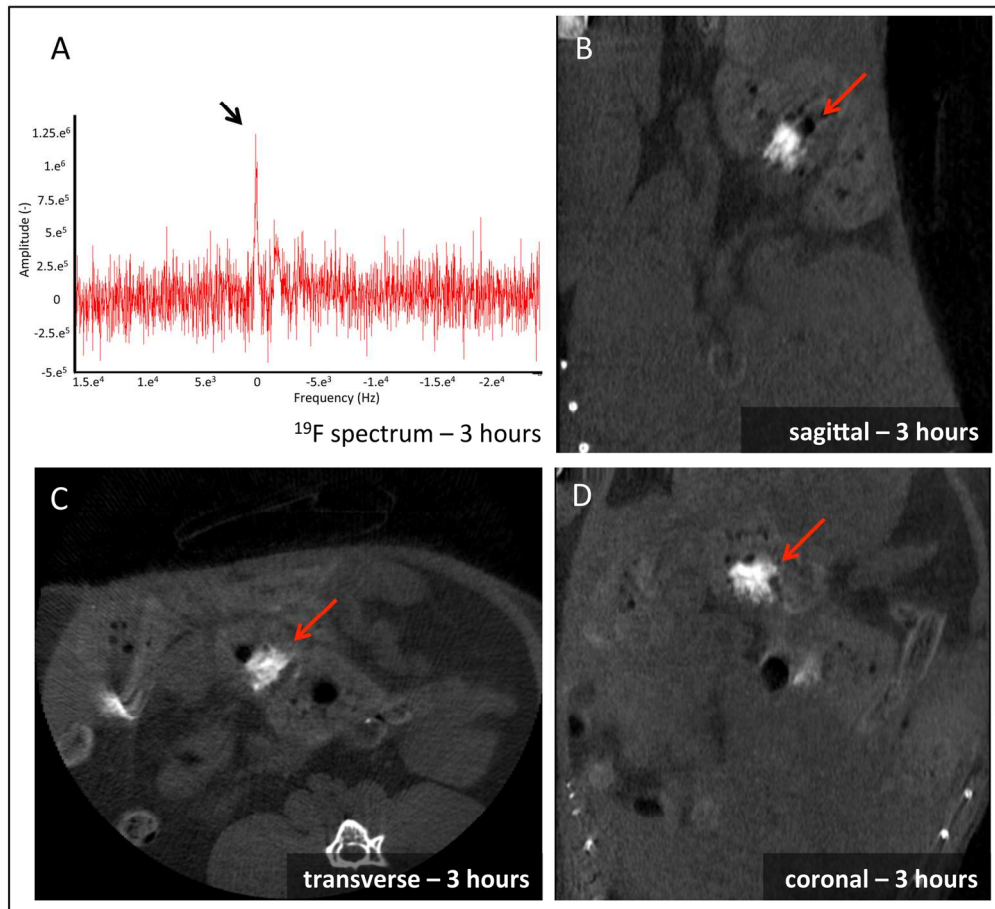
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